



## **ST. CATHERINE OF SIENA SCHOOL**

*Middle States Accredited*

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[www.scs-school-cedargrovenj.org](http://www.scs-school-cedargrovenj.org)

TO: Parents Grades 6-8  
FROM: Mrs. C. Kennedy, RN  
RE: Pre-Participation Physical Evaluations

Students in Grades 6-8 who participate in school sponsored sports activities, are now required to have yearly physical exams prior to the start of the sports season.

1. Health History Questionnaire - to be completed by parent/guardian
2. Physical Examination Form - to be completed by physician (must be signed and dated)

### **Regulation: Pursuant to N.M.A.C. 6A:16-2.2**

The N.J. State Board of Education requires that prior to participation in a school-sponsored interscholastic or intramural athletic team or squad for students enrolled in any of grades 6-12, students must have medical examinations. The examination shall be conducted within 365 days prior to the first practice session.

Your child's health is of vital importance. Together, we can help preserve it. Thank you for your cooperation in this matter.

\* Reminder: All students in grades 4 & 8 are required to have a physical exam.