



## ST. CATHERINE OF SIENA SCHOOL

*Middle States Accredited*

39 E. Bradford Avenue, Cedar Grove, NJ 07009

Telephone 973-239-6968 • Fax 973-239-1008

[www.scs-school-cedargrovenj.org](http://www.scs-school-cedargrovenj.org)

TO: Parents of NEW Students **Grades 1–5** and CURRENT Students **Grade 4**  
FROM: Mrs. Bethanie Sundlin, RN, BSN  
RE: Pre-entrance physicals/completed immunizations



In order to enter St. Catherine of Siena School, all NEW students (Grades 1-5) must have **(1) a pre-entrance physical and (2) completed immunizations.**

In accordance with the recommendation of the NJ Department of Education (N.J. A.C.6A:16-2- 2(d)1), we also recommend that **all current students in grades 4** also receive a physical examination.

For your convenience, I am listing the required immunizations on the back of this letter. **If your child(ren)'s immunizations are incomplete, your child will not be permitted to start school until they are completed.**

Please be sure the health examination form and immunization record are completed and **signed by your physician** with date of examination. ALL forms must be completed, signed and returned by June 1st. **Please remember that your child will not be permitted to enter school if all medical forms are not submitted.** If you have any questions, please feel free to call me at school.

## ST. CATHERINE OF SIENA SCHOOL PHYSICAL EXAMINATION

Name \_\_\_\_\_ \*Exam Date \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_ Home Phone \_\_\_\_\_  
 School \_\_\_\_\_ Sport \_\_\_\_\_ Grade \_\_\_\_\_ Sex \_\_\_\_\_  
 Physician \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_  
 Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

**PHYSICIAN OR PROVIDER INFORMATION - PLEASE COMPLETE BOTH PAGES**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood pressure: \_\_\_\_\_ / \_\_\_\_\_ Pulse: \_\_\_\_\_ bpm  
 Vision: R 20/ \_\_\_\_\_ L 20/ \_\_\_\_\_ Corrected: Y/N Contacts: Y/N Glasses: Y/N

	Normal	Abnormal Findings	Comments
Head/Neck			
Eyes/Sclera/Pupils			
Ears/Hearing			
Nose/Mouth/Throat			
Heart: Murmurs/Rhythms			
Lungs: Auscultation/Perussion			
Chest Contour			
Skin			
Abdomen: Assessment(inc. liver, spleen)			
Tanner Stage: Testes/onset of menses			
Hernia	No	Yes/Possible	
Neck/Back/Spine: Range of motion			
Scoliosis			
Upper Extremities			
Lower Extremities			
Neurological: Balance & Coordination:			
Romberg			
Heel Walk			
Tandem Walk			
Nose Touch			
Toe Walk			
Most recent immunization/dates:			
Medications currently in use:			
Allergies:			
Operations or accidents:			

- A. Student may participate in athletics:    Yes \_\_\_\_\_        No \_\_\_\_\_        Date \_\_\_\_\_
- B. Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_
- C. NOT CLEARED FOR:    Collision \_\_\_\_\_        Contact \_\_\_\_\_        Non-contact \_\_\_\_\_  
                                   Strenuous \_\_\_\_\_        Moderate \_\_\_\_\_        Non-strenuous \_\_\_\_\_
- Diagnosis: \_\_\_\_\_
- Recommendations: \_\_\_\_\_

<b>Examined by: Family Physician/Provider _____</b> <b>                  School Physician _____</b> _____ MD    _____ DO    _____ NP    _____ PA  <b>*Physician/Provider Signature _____</b>	<b>Physician's/Provider's Stamp:</b>      
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